



Boardwalk 5K Run/Walk and Fitness Carnival

Whether you are a serious runner, enjoy a good walk, or just want some family fun, the Boardwalk 5K Run/Walk and Fitness Carnival is for you! Funds raised at this event support Physical Education programs at Seattle Public Schools, helping kids get fit and get smart!

EVENT DATE & LOCATION

Sunday, March 20, 2011
Husky Stadium,
University of Washington

EVENT TIMES

8:30 a.m. - Registration
9:00 a.m. - Free Walk of Champions
9:30 a.m. - 5K Run/Walk
10:00 a.m. - Free Carnival of Activities (no registration needed)

5K RUN/WALK COST

18 & Under: \$10 pre-registered, \$20 day-of-race registration
Over 18: \$40 pre-registered, \$45 day-of-race registration

FREE WALK OF CHAMPIONS

Open to everyone! Take a couple of laps around the track inside Husky Stadium. School groups are encouraged to carry banners supporting their school. Bring your friends and neighbors to support Seattle Public Schools!

BOARDWALK 5K RUN/WALK

Starting and finishing in Husky Stadium, this 5K takes runners and walkers through the UW campus past Drumheller Fountain, the Allen Library and the Quad.

FREE CARNIVAL OF ACTIVITIES

Spanning the football field, an array of game and activities just for kids includes speed jumping, giant football kicking, giant soccer ball juggling and much more.

MAKE A DONATION TO SUPPORT YOUR SCHOOL

Unable to attend the 2011 Boardwalk? Please visit www.schoolkidscomefirst.com to donate to the Seattle Public School of your choice. Click on Boardwalk and choose your school - 75% of the proceeds raised online will be returned to the chosen schools to be used toward enhancing the physical education program.

QUESTIONS?

Contact Dick Lee at rjlee@seattleschools.org or 206-252-0476.
Please visit www.schoolkidscomefirst.com to register.



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION



BOARDWALK 5K RUN/WALK

PRINT CLEARLY

COPIES OK

NO REFUNDS

FIRST NAME LAST NAME

AGE 4/26/09 SEX M F BIB #

STREET ADDRESS DATE OF BIRTH MONTH DAY YEAR

CITY STATE ZIP CODE

E-MAIL

DAY PHONE EVENING PHONE

ADULT S M L XL

5K Run/Walk (Non-refundable entry fees)

- \$10 18 & under (PRE-REGISTRATION)
- \$40 Adult (PRE-REGISTRATION)
- \$20 18 & under (DAY-OF RACE REGISTRATION)
- \$45 Adult (DAY-OF RACE REGISTRATION)

Entry Fee Included | \$

IF YOU WISH TO DESIGNATE YOUR FEE TO A SPECIFIC SEATTLE PUBLIC SCHOOL OR TEAM ENTER IT HERE:

Pre-register by mail through March 11, 2011
Make checks payable to:
School Kids Come First

Waiver Release In consideration of acceptance of this entry, I hereby for myself, my heirs, executors and administrators, assume all risk of injury, harm or damage to myself or others arising from my participation in this event, and agree to indemnify and hold harmless any sponsor(s), their agent and assigns, Seattle Public Schools, Seattle School District, City of Seattle, University of Washington, and any and all persons or entities associated with this event, against any liability, actions, claims and damages of any kind whatsoever arising from my participation. I attest and verify that I am physically fit, and have sufficiently trained for completion of the event and have full knowledge to all the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. If I am under eighteen years of age, my parent-guardian must co-sign. **ENTRIES CANNOT BE ACCEPTED WITHOUT A VALID SIGNATURE.**

SIGNATURE DATE PARENT OR GUARDIAN (IF UNDER 18) DATE